

The Role of the Red House in Health and Wellbeing – Meeting 21st Century needs

**Hertfordshire Community
NHS Trust**

The Present and the Future in Community Services

- What we do in HCT
- The Harpenden 'Hub'
- The issues facing us
- How we build a healthier community
- Rapid Response
- Joining up services
- Questions

What we do in HCT

- Employ 3000 people
- Work from over 60 bases, and in every community
- Around 2 million appointments, visits and contacts a year
 - 690,000 community nursing and therapy teams
 - 336,000 health visiting
 - 89,000 school nursing
 - 70,000 speech and language therapy
 - 57,000 outpatient physiotherapy
 - 56,000 podiatry
 - 50,000 neuro-rehabilitation
 - 44,000 children's nursing and therapy
 - 16,000 end of life care
 - manage 200 community beds

Where we are

Our approach to date

HCT Board has approved the Strategic Outline Case for the redevelopment of Harpenden Memorial. This means we:

- are clear what services we will provide
- have talked with other service providers to continue to meet local needs
- have identified different options for re-providing services on site
- have an indication of what surplus land we will have

The proposed development of the Harpenden Community Hospital as a **Local Spoke** is consistent with the YCYF proposals for **Mini 'hubs'**.

What we want

A health and wellbeing centre for the local area

Local people to feel it is “theirs,” to use it accordingly and to be engaged in building an even more healthy community

Any surplus land to be used for health and wellbeing purposes

To use income to offset our running costs and make it easier to support community use

TWO “BUTS”

Acknowledged need for “best value”

Secretary of State right to take up to 50% of any surplus



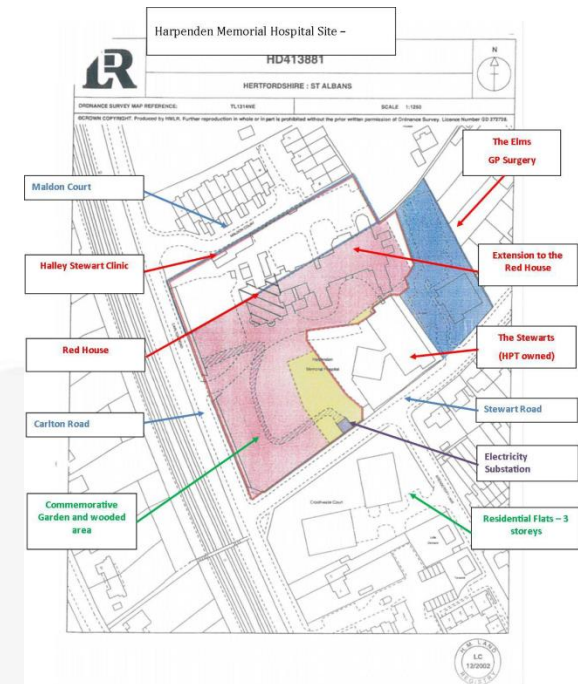
Harpenden – Planned services

Adult Services:

- Bladder and Bowel Care
- Diabetes Service
- Heart Failure Service
- Leg Ulcer Service
- Parkinson's Specialist Nurse Service
- Podiatry Service
- Retinal Screening Service

Children's Services:

- Health Visiting Service (Baby Clinics and Post Natal Clinics)
- Speech and Language Therapy



To continue with the arrangements already in place with local hospitals for blood clinics, ophthalmology and plastic surgery clinics

Other uses

Supporting the community's wellbeing

Potential for a local physiotherapy provider; diagnostic services from the hospital sector; child and adolescent mental health; citizen's advice; cognitive therapies

New facility will include:

- Health information points (access to online health information, i.e. NHS Choice and self-check-in facilities)
- a large multi-purpose group space for community use (e.g. weight management sessions, yoga and Pilates classes, support groups and baby clinics) available during daytime and evenings
- Opportunity to house voluntary sector office

Surplus land to be used for health and wellbeing – e.g. care home, supported housing

Harpenden - Timescales

Key stages	Target date
Approval of Strategic Outline Case by HCT Board	January 2016
Approval of Outline Business Case by HCT Board	June 2016
Approval of OBC by NHS Improvement	August 2016
Appointment of preferred bidder	April 2017
Development of FBC	June 2017
Approval of Full Business Case by HCT Board	July 2017
Approval of Full Business Case by NHS Improvement	September 2017
Construction starts	March 2018
Construction completed	March 2019
Opening of new building	April 2019

The issues facing us

What *are* we doing?

The issues that face us

Increase in
population,
people living
longer

Long term
conditions

Finances

Five year
forward view
(5YFV)

New
technologies

Long term conditions – a rising tide

2015

- Treatment for people with long term conditions is estimated as **£7 in every £10** spent nationally.
- People with LTCs equate to **50%** of GP appointments, **64%** of outpatient and **70%** of inpatient stays.

2018

- The number of people with **three or more** long term conditions will **rise to 2.9m**

2025

- The number of people over 85 in the UK is expected to increase by **50% to 1.9 m**

2026

- 1m people expected to have dementia with estimated care costs of £35bn.

2029

Around **4m people** in England likely to need help with daily living.

2030

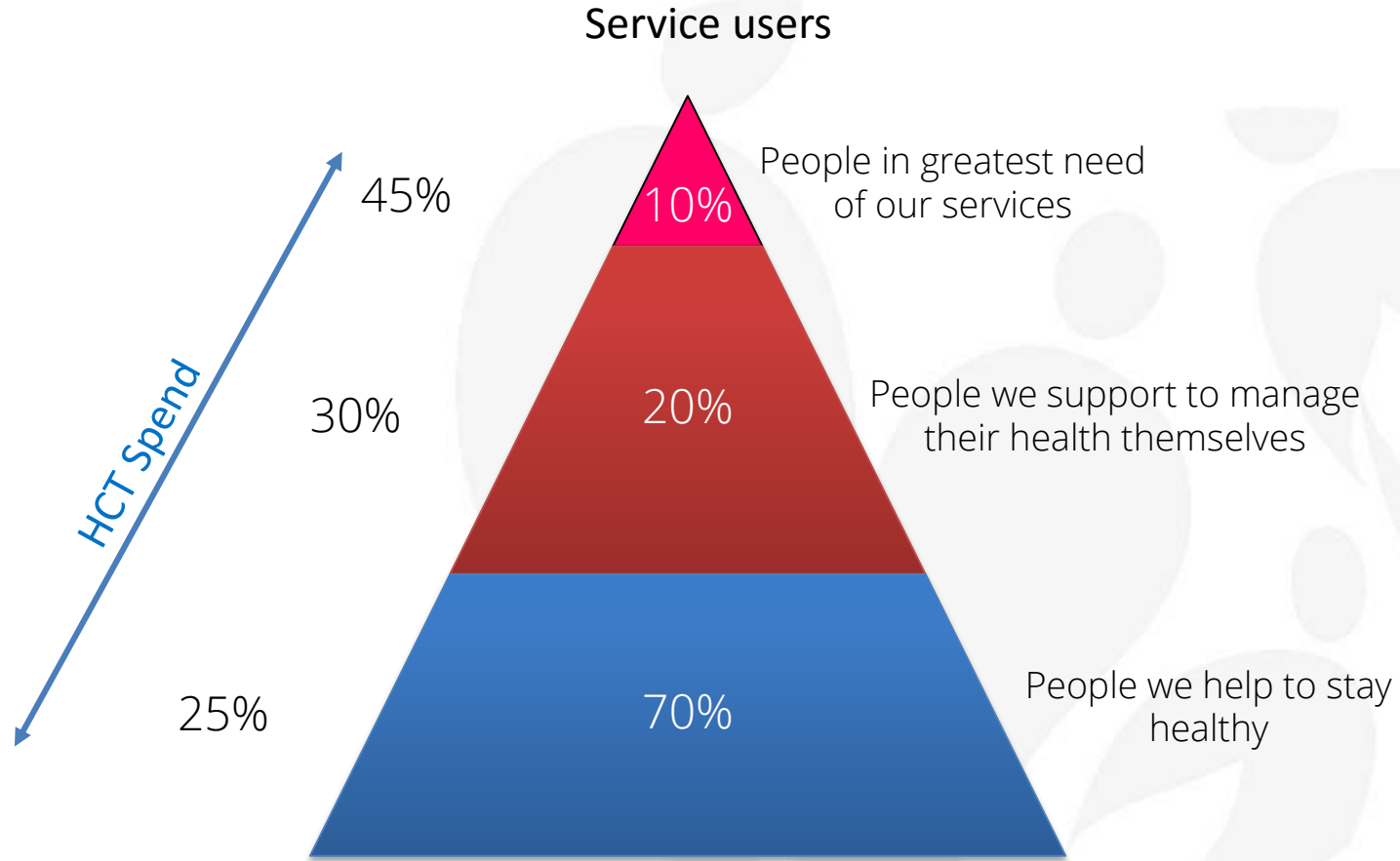
The number of people diagnosed with diabetes will **double** from **2.5m** to **5m**. **2030**
17m people will live with arthritis and **3m people** will live with cancer.

2031

- **46% of men** and **41% of women** in the UK are expected to be obese.



How we need to respond



A Health Service, Not only a Sickness Service

- **People with complex needs (3 or more LTCs, severe disability) will have:**
 - A case manager
 - A single care plan, involving all the necessary disciplines, including a carers' assessment
 - A shared record which they and their carers can access
 - We will have reduced days spent in hospitals and care homes by 25%
 - There will be continuing improvement in their self-reported health and wellbeing status
 - Opportunities to engage in activities that support health and wellbeing

A Health Service, Not only a Sickness Service

- **People with 1-2 LTCs will have:**

- A self-management plan, developed after a programme of education and support
- Access to advice and support as required from a range of professionals
- We will have reduced demand for our services by this group by 50%
- Improving outcomes for people in line with experience of self-management elsewhere

- **The healthy population will have:**

- Access to good advice on maintaining health and wellbeing
- Access to early intervention services
- Social prescriptions
- Opportunities to engage in activities that support health and wellbeing

Joining up services

Your Care, Your Future – large public and clinical engagement programme

- People told us services are disjointed

In West Hertfordshire HCT, Herts Partnership Foundation Trust and Herts Community Services (social care) are working together with GPs to improve people's outcomes and experience – **Living Well**

The benefits from the trial in Watford have been:

- Improved outcomes and experience for the patients/service users
- Improved communication between organisations
- Efficiencies in delivery of care

Now being extended to Harpenden.

Rapid Response

Supporting Harpenden patients since November 2015

Partnership with:

- Hertfordshire County Council social care workers
- East of England Ambulance Service NHS Trust
- Hertfordshire Partnership University NHS Foundation Trust mental health nurses
- Age UK

The team includes paramedics, nurses, physiotherapists, occupational therapists and healthcare assistants to name a few.

The aim is to prevent admissions to hospital and facilitate earlier supported discharges, keeping very complex patients at home, safely, where they would prefer to be.

The team is already making a difference in the community.

How we build a healthier community

Support local public health priorities

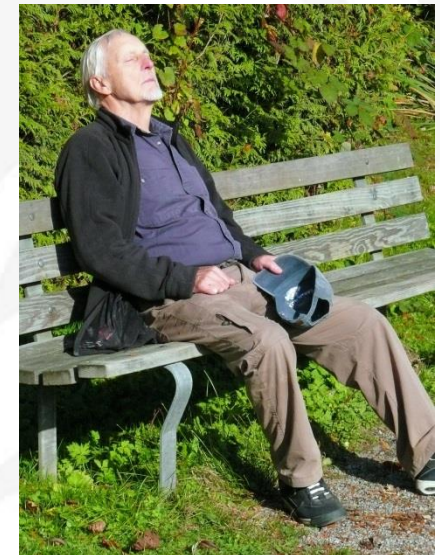
- Develop community networks, support people's resilience
- Support the vulnerable in your community – social isolation is a serious health hazard, and is closely linked to depression, self-neglect and mental illness
- Support lifestyle changes – such as getting your community walking

Be empowered

- Have a say in the changes that are coming
- Join our membership and have a say in the future of community care

www.hct.nhs.uk/get-involved

Proud to 
care for you



Membership

Help us support an empowered local community by joining:

- Log on to www.hct.nhs.uk/get-involved
- Speak to Membership and Engagement Officer, Ray Cooling
- Fill in a form tonight
- Call Ray on 01707 388160
- Email communityft@hct.nhs.uk



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